# Living with pain

Our journey through life has many opportunities to navigate through pain. Dealing with pain can challenge us in deep and personal ways. Gather others to experience together what the Bible teaches on the topic of living with pain.

Go over one topic per meeting

## Where's God when I Hurt? John 5:1-15

# Pain and Blame

John 9:1-34

#### Pain and Shame Mark 5:24-34

### Pain and Perspective Job 2:1-10

# **Pain and Persistence**

Luke 18:1-8

# **Discovery Group Questions**

#### SHARE

- What are you THANKFUL for?
- What's a CHALLENGE right now?
- Pray for each other.
- How did you do with your last "I will" statement?
- Who did you share with?

#### **DISCOVERY (H.O.P.E.)**

#### HEAR FROM GOD

- READ the passage.
- Have someone RETELL it in their own words.

#### **O**BSERVE WHAT HE SAID

- 1. What STANDS OUT to you?
- 2. What do you learn about GOD/JESUS?
- 3. What do you learn about PEOPLE?

#### **P**UT IT INTO PRACTICE

 How can you put into action what God is showing you in this text? Everyone creates an "I will \_\_\_\_\_\_" STATEMENT.

#### **E**NCOURAGE SOMEONE

• Who are you going to tell about what you discovered in this text this week?

#### TIPS

- 1. Ask questions, don't teach.
- 2. Focus on applying what is discovered.
- 3. Try to stay in the passage.
- 4. Pass on leadership. After a couple times, invite others to facilitate.
- 5. Multiply. Which current members could start a group of their own?



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